

ROTOVUE

Serving Marine Corps Air Station New River and Jacksonville, N.C.

www.newriver.usmc.mil

February 9, 2005

Vol. 44 No. 3



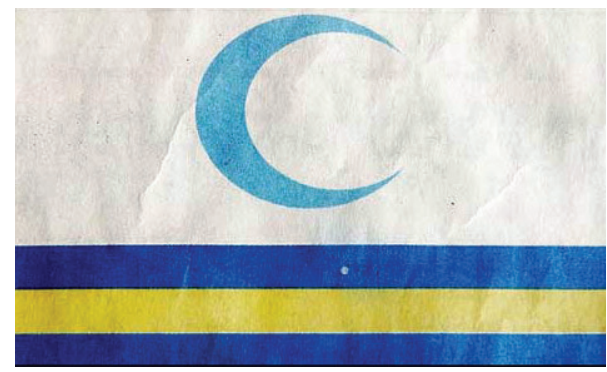
24th MEU's ACE
'Good to be home'

Photo by Cpl. Steven R. Sawyer
See pages 2, 3 for more
information

IRAQ BECKONS

HML/A-269, HMM-264 to OIF-III

Pg. 3



32 YEARS OF SERVICE

Mary Wheat
retires

Pg. 5



RUN AGROUND

Combat Support beats Station

Pg. 18



FLIGHTLINES

Free financial classes

Marine Corps Base Camp Lejeune, N.C., is hosting a free beginners class regarding investments Feb. 23 from 1 to 4:30 p.m.

The class is open to active duty, civil service, retirees and all family members and will be conducted at building 524, the Work Force Learning Center.

For more information or to register for a workshop, please call the Prevention & Education Division at 451-2865.

Calling all kayakers

The Salt Marsh Kayak Company of Wrightsville Beach is hosting a kayak skills clinic in the Camp Lejeune Area 2 pool Feb. 26 from 11 a.m. to 2 p.m.

Learn everything from the basics of balance to the Eskimo roll with world champion female surf kayaker, Lydia Foneville.

For more information, contact Von Fulton at 451-8307.

Relief Society scholarships

The Navy-Marine Corps Relief Society offers scholarships for as much as \$2,000 per year and interest-free loans for as much as \$3,000 per year for education.

These are available to children and spouses of active duty and retired Marines and Sailors.

The deadline to apply is March 1, which means the application must be received in NMCRS Headquarters office before this date.

Visit the NMCRS Web site at www.nmcrs.org to download the application. For questions, contact the Station NMCRS office at 449-6431 or the Camp Lejeune office at 451-5346, ext.232.

OWC scholarships

All military dependents or spouses whose sponsor is an officer or sergeant and below and

stationed at or retired from here, are eligible to apply for the MCAS New River Officers Wives Club Scholarship.

Contact the squadron education office, the Family Service Center or Navy-Marine Corps Relief Society for an application and more details.

The deadline for all applications is March 11.

Free auto storage

Marines with orders to deploy for short amounts of time, or if they have been given short notice about an upcoming deployment, can have their vehicles stored by the Military Police District for free.

Marines are highly encouraged to use the storage service and reduce their risk of facing a severe penalty. Vehicles abandoned in barracks parking lots and other non-secure locations on base will be impounded at the owners' expense.

The impound lot is located off Holcomb Boulevard on Camp Lejeune where the old drive-in theater was located.

For information about storing a vehicle in the impound lot, reference Base Order 4450.4 or call 451-3583.

Free martial arts classes

Marine Corps Base Camp Lejeune Marine Corps Community Services is offering free Aikido and Iai-jutsu classes for all active duty personnel, reservists and military dependents.

The classes are held every Monday and Wednesday from 7 to 9 p.m., and Saturday from 10 a.m. to noon. All classes will be held at the dojo at Camp Lejeune in building 1742 on McHugh Blvd.

Children must be 12 or older. For more information, call 353-6063 or visit the Web site at www.lejeuneaikido.com.

Free Reader's Digests

Reader's Digest magazines are

available at the New River Joint Public Affairs Office in building AS-425.

Call 449-6197 for more information.

Recruiter assistance

Marines from New York City or Long Island who are interested in spending 30 days at home and earning points for promotion should contact Sgt. Maj. H.W. Wrench at (516) 228-3686 or by e-mail at WrenchHW@1mcd.usmc.mil.

Visitor pass changes

Military police at the New River front gate now issue visitor passes for 24 hours only. Once aboard base, those requiring a 30-day pass must go to the Pass and I.D. Center located at building AS-211 to obtain one.

Anyone who tries to obtain another 24-hour pass for the same vehicle will be issued a citation for failure to register their vehicle.

Call 449-6113 for more information.

Volunteer tutors needed

The Single Marine Program is seeking volunteers to tutor Delalio Elementary School students once a month. Volunteers will assist the children with reading and math.

Their first monthly visit is Friday from 8:30 to 11:30 a.m. and from noon to 3 p.m..

Call Beth Sweeney at 451-6528 to volunteer or for more information.

New MPD phone number

Beginning Feb. 15, the Military Police District non-emergency phone numbers will be 451-2555 or 451-2556. The emergency phone number will remain 911.

Emergency and non-emergency phone numbers are directed through the Camp Lejeune Consolidated

Dispatch Center.

The Camp Lejeune Consolidated Dispatch Center will dispatch responders to all emergency and non-emergency calls for service.

Tax Center helpful hints

The Station Tax Center is closed to general taxpayers Friday afternoons for scheduled unit appointments and administration.

For additional hours by appointment or command request call 449-7400.

Members may obtain tax forms at the Tax Center or on line at www.irs.gov.

Items taxpayers need to bring to the Volunteer Income Tax Assistance Program and Tax Counseling for the Elderly Sites to have their tax returns prepared include:

- Photo identification
- Social security cards for the taxpayer, their spouse and dependents, if applicable
- Birth dates for primary, secondary and dependents on the tax return
- Current year's tax package if they received one
- Wage and earning statement(s) Form W-2, W-2G and 1099-R from all employers
- Interest and dividend statements from banks (Forms 1099)
- A copy of last year's federal and state returns if available
- Void check with bank routing numbers and account numbers for direct deposit
- Other relevant information about income and expenses.

On the cover

Captain Andrew H. Mills, a Marine Heavy Helicopter Squadron-464 CH-53E Super Stallion pilot, holds his son, Braeden, after returning home Feb. 7 from a recent seven-month deployment to Iraq. The Condors were part of the 24th Marine Expeditionary Unit (Special Operations Capable), which included groups from Marine Medium Helicopter Squadron-263 and Marine Aviation Logistics Squadron-26, all of which are due to return this week.



Commanding Officer
Col. Stephen L. Forand

Executive Officer
Lt. Col. Karl S. Elebash

Sergeant Major
Sgt. Maj. Lewis Summerville

Public Affairs Officer
Capt. Rob James

Public Affairs Chief
Master Sgt. Brenda S. Donnell

Press Chief
Sgt. Andrew W. Miller

Editor
Cpl. Jeffrey A. Everitt

Asst. Editor
Cpl. Steven R. Sawyer

Layout Technician
Lance Cpl. Michael Angelo

Joint Public Affairs Office Staff
Sgt. Juan Vara
Pfc. Jonathan A. Tabb

Combat Visual Information Center
Gunnery Sgt. Richard Small
Lance Cpl. Noah G. Dunagan
Lance Cpl. John D. Cranford
Lance Cpl. Ezekiel R. Kitandwe

Disclaimer

This Department of Defense newspaper is an authorized publication for members of the DoD. Contents of The RotoVue are not necessarily the official views of, or endorsed by, the U.S. government, the DoD, or the Joint Public Affairs Office, Marine Corps Air Station New River.

The RotoVue is published by Landmark Military Newspapers, a private firm in no way connected with the DoD, the U.S. Army, the U.S. Navy, the U.S. Air Force, or the U.S. Marine Corps, under exclusive contract with MCAS New River.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the DoD or military services, or Landmark Military Newspapers, of products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The editorial content of this publication is the responsibility of the Joint Public Affairs Office. For information regarding content, contact Joint Public Affairs Officer, Headquarters and Headquarters Squadron, Marine Corps Air Station New River, PSC Box 21002, Jacksonville, NC 28545-1002.

If you have any comments or suggestions you may also contact the public affairs office at (910) 449-6196 or fax (910) 449-6478.

'Gunrunners' hit the ground running; duties in Iraq call for HML/A-269

Cpl. Jeffrey A. Everitt
correspondent

Marine Light/Attack Helicopter Squadron-269, Marine Aircraft Group-29, departed here Feb. 1 enroute to Iraq. The squadron is one element of 2nd Marine Air Wing (forward), which is conducting a phased deployment to the U.S. Central Command area of operation in support of Operation Iraqi Freedom-III throughout February.

"The Marines are motivated, trained and ready," said the commanding officer of HML/A-269, Lt. Col. Joseph M. Jeffrey III.

According to the Alabama native, the bulk of the squadron's training occurred in Operation Desert Talon, but they also did in-house training, focusing on the anticipated mission in Iraq.

Major Greg J. Hanville, HML/A-269 operations officer, from Damascus, Md., said they worked closely during training with the four other units they are deploying with.

"We have been training on our own for the last three months doing a variety of missions, but concentrating on convoy operations. We even used the Lejeune Industrial Complex for all of the day and night urban training," said Hanville.

The Marines have also gone through extensive mental preparation prior to the deployment, according to Gunnery Sgt. Greg T. Scott, HML/A-269 aviation ordnance chief from Centralia, Ill.

"Everyone has been listening and watching the news, receiving briefs on the squadron level, as well as the shop level, and all personal matters have been taken care of," said Scott.

As the preparations are completed, Scott said he is very proud of the Marines because he has never heard any of them say they're not ready to go or don't want to go.

"I think that is a huge tribute to the Marines and the squadron," concluded Scott.

In 2002 the Gunrunners attached to HMM-263 (reinforced) with the 24th Marine Expeditionary Unit, (Special Operations Capable), flying in support of Operation Iraqi Freedom as well as missions in Kosovo and the Horn of Africa, according to www.2maw.usmc.mil

The Web site also stated that in January 2003, the Gunrunners deployed as a squadron in support of Operation Iraqi Freedom. They flew nearly 3,000 combat hours in 55 days and maintained 24-hour operations with no personnel losses due to enemy action or mishaps.

'Black Knights' saddle up for Iraq

Cpl. Steven R. Sawyer
correspondent

Servicemembers from Marine Medium Helicopter Squadron-264 departed for Operation Iraqi Freedom-III on Saturday.

The squadron is part of a phased deployment of the 2nd Marine Air Wing (forward), which will include the majority of squadrons assigned to Marine Aircraft Group-26.

"We're all looking forward to knocking this out, getting the job done and getting back in one piece," said Sgt. Cullen M. Tuttle, squadron intelligence chief and Daytona Beach, Fla., native.

According to Lt. Col. Gregory M. Douquet, squadron commanding officer, the Black Knights have been waiting for the opportunity to deploy.

"After (Operation) Desert Talon, everyone has been ready to put the training to good use," said Douquet. "They know their jobs and have been preparing for this opportunity. We're ready."

Operation Desert Talon was a training mission conducted in Yuma, Ariz., Dec. 3-17. Several squadrons here participated in the exercise, including HMM-264.

"These Marines can't wait for an opportunity to leave their footprints in the sand," said Sgt. Maj. Hayward Williams, Black Knights sergeant major.

The Cochran, Ga., native said the squadron is a mixture of veterans and non-veterans.

"We have a good continuity of experienced and inexperienced," said Williams. "Some of these Marines were with us on our last deployment, and some are recent additions to the squadron."

The unit is anticipating a seven-month tour, though

Marines from Marine Medium Helicopter Squadron-264 load their gear into the back of a five-ton truck, which met them in MCAS Cherry Point, N.C., where they departed in support of Operation Iraqi Freedom-III on Saturday. The Black Knights are part of a phased deployment of the 2nd Marine Air Wing (forward).

nothing is set in stone.

"We may be back in six, and then we may be there a little longer. Whatever it takes to get the job done," said Douquet.

According to Douquet, the Black Knights will be performing a variety of missions, including assault and close air support, troop insertion, medical evacuations and supply transport.

"It's all in a days work," concluded Tuttle.



Cpl. Steven R. Sawyer

'Thunder Eagles' and 'Condors' back in the coop

Cpl. Steven R. Sawyer
correspondent

The aviation combat element of 24th Marine Expeditionary Unit (Special Operations Capable), returned from their recent deployment in support of Operation Iraqi Freedom-II on Monday.

The 50 servicemembers were the first of a five-phase return, culminating with the arrival of the command and support elements of the ACE on Friday.

Consisting of Marines and Sailors from Marine Medium Helicopter Squadron-263 (reinforced) and Marine Heavy Helicopter Squadron-464, the servicemembers were greeted by friends and loved ones at the Thunder Eagle hangar.

"It's great to be back," said Capt. Andrew D. Miles, a Columbia, S.C., native and a Condor CH-53E Super Stallion pilot. "Iraq was intense and very sandy. It's good to see green again."

Lieutenant Col. Paul "Ox" Power, Thunder Eagle executive officer and Houston native, led the return, as both squadrons' commanding officers will not arrive here until Friday.

"We did a number of missions, both combined and as individual units, including direct action, aerial reconnaissance, medical evacuations,

transports and close air support," said Power.

The 24th MEU (SOC) has played a large part in recent events occurring in Iraq, according to Power, and the ACE has been there every step of the way.

"We were there before the transfer of authority and even provided air security and aid during the recent elections," said Power. "Mission accomplished."



Cpl. Steven R. Sawyer

Captain Chris R. Cotlinski, Marine Medium Helicopter Squadron-263 (reinforced) CH-46E pilot from Bartlett, Ill., greets his wife, Jennifer, son, Hunter, and daughter, Averi, after returning home Monday. He was deployed with the 24th Marine Expeditionary Unit (Special Operations Capable).

Honoring fallen brothers



Flowers and other mementos accumulate at the base of the Pacific War Memorial, Marine Corps Base Hawaii-Kaneohe Bay, as members of the local community come to pay their respects to the 26 Hawaii-based Marines and one Sailor killed in the Jan. 26 CH-53E Super Stallion helicopter crash in Iraq. The tragic incident was the biggest loss of life in a helicopter crash in Iraq.

contributor

HMT-302, Goodrich Corp. set new helo standard

Lance Cpl. Michael Angelo
correspondent

Marine Helicopter Training Squadron-302 received an award and a special thanks on behalf of the Goodrich Corporation and the Naval Air Systems Command on Feb. 1 during a ceremony at the squadron hangar.

In December 2003, the squadron undertook the task of testing and evaluating Goodrich's Integrated Mechanical Diagnostic System on five of the squadron's CH-53E Super

Stallion helicopters.

The system is a preventative measure for the maintenance of helicopters. Essentially, it is able to detect the regular wear and tear on the helicopter parts it is attached to, said Don Sharp, Goodrich engineer and presenter of the award.

"It cut the man-hours spent in maintenance dramatically," said Staff Sgt. David W. Hansen, quality assurance worker from Sanford, Fla. "It eliminated the need to take all the

See *IMDS* on page 7

Donate to Navy-Marine Corps Relief Society on March 1!

Fair winds and following seas, Mary Wheat

Cpl. Steven R. Sawyer
correspondent

After more than 37 years of faithful civil service with the Department of Defense, 23 of which were spent here, Mary Wheat, former director of environmental affairs, retired Feb. 2.

The ceremony at the Station Officers Club included an address by Station Commanding Officer Col. Stephen L. Forand, a presentation of retirement awards and citations, a slideshow presentation, and remarks from close friends and coworkers.

"I know we're all going to miss her dearly," said Wheat's successor, Kirk R. Kropinack. "There aren't many like her in this world."

Wheat came to work here after a transfer from her position as a safety and occupational health specialist at Marine Corps Base, Camp Lejeune, N.C., in 1982.

"When I first got here, the Douglas gate was the only way on or off the Station, and it was one lane in and one lane out," said Wheat, a native of Kansas City, Mo., "I've watched them build two new hangars and a new tower. I remember when the exchange was in the (Station) Chapel parking lot, and the commissary was a little rinky-dink place."

As Wheat took charge of the environmental and safety programs in the early '80s, which she readily admits were almost non-existent and strongly resisted, there were many things that needed to be done.

Her original job was as manager of the ground safety and environmental satellite programs here which fell under Camp Lejeune's jurisdiction. With her suggestions and the support of the

Mary Wheat receives a commendation for excellent service from Col. Stephen L. Forand, Station commanding officer, during a retirement ceremony at the Station Officers Club on Feb. 2. Wheat spent more than 37 years in civil service.

command, the program broken away from Camp Lejeune, allowing it to better service the Station's needs, according to Wheat.

Forand made it clear that much of the beautification aboard the Station is directly due to Wheat's efforts.

"Look around the next time you are driving on Station or taking a walk. Take a moment to enjoy how beautiful this place really is," said Forand. "There will be no monuments or statues built to honor Mary, but then there is no need. For the beauty of this installation, above and below ground, is a result of her untiring efforts to do what was right for today and even more importantly for tomorrow."

Wheat said she has mixed feelings about retirement, as the Station has been a part of her life for a long time.

"But I'm also ready to move on. It's like the saying, 'been there, done that,'" said Wheat. "Besides, my husband has been a house-husband for the last three years since he retired, and I think it's time I took over the job."

With travel and family in her horizons, Wheat said she is going to make sure she "isn't a stranger."

"I'll be coming back in every now and then," concluded Wheat. "These are great people here, and I love working with Marines."



Cpl. Steven R. Sawyer

Fund Drive just around corner

Sgt. Andrew W. Miller
correspondent

Disasters vary: funeral expenses, medical and dental bills, emergency transportation, food, rent, utilities, disaster relief, essential vehicle repairs or unforeseen family emergencies.

At some point in a Marines life, financial assistance is usually a necessity, and when disaster rains, it can pour.

For Station Marines, however, the Navy-Marine Corps Relief Society could be the right answer to help out with emergency assistance.

The Navy-Marine Corps Relief Society is a non-profit charitable organization designed to provide financial, educational and other assistance to members of the Naval services of the United States, eligible family members and survivors when in need, according to the society's Web site, www.nmcra.org.

It is different from the Combined Federal Campaign in that all monetary collections for the NMCRA go into a fund to help servicemembers in emergency situations rather than going to various charity organizations.

"It's a partnership to all of the commands to provide the assistance to our Marines and Sailors that sometimes can't be provided through traditional means," said Col. Stephen L. Forand, Station commanding officer. "The array of services provided are an invaluable tool in any command's tool box."

The society is able to exist only because of generous donations from

Marines and Sailors.

To gather these donations, the annual NMCRA Fund Drive begins March 1, and according to Forand, a new question will be posed.

"For this year's drive, we are going to emphasize participation," he said. "We want to ask 'have you donated to the Navy-Marine Corps Relief Society's Fund', instead of asking 'how much did you donate?'"

According to Sandi Isherwood, Station NMCRA director and native of Pittsburgh, Pa., some people have a common misconception about the fund drive. People have the mindset that they want every dollar they donate to go directly to helping Station Marines and Sailors.

"Every dollar collected goes into a fund at the NMCRA Headquarters in Arlington, Va.," she explained. "This is more beneficial because the money is not only drawn from all the other societies, but also deposited by them there."

The Station NMCRA is a good example. In 2004, the NMCRA collected \$32,423 in donations here, and it was deposited at the headquarters. Had they not been able to draw from that fund where other societies had deposited also, they wouldn't have been able to loan out the \$175,361 that was issued here to help those in need.

"This society is our own, and we need everyone to participate in the fund drive. It is through this participation that the society can continue to support all of us," said Forand.

The annual fund drive is set to begin March 1 and will continue until April 1.

Awards & Promotions

Marine Aviation Logistics Squadron-26

Promotions

Gunnery Sgt. M. C. Blount
Sgt. B. E. Ashwood
Sgt. A. G. Hedrick
Sgt. R. J. Hehr
Sgt. J. M. Quintero
Sgt. F. A. Robles
Cpl. R. A. Darnell Jr.
Cpl. B. C. Gullett
Cpl. R. S. Jones
Cpl. K. P. Kiesgen
Cpl. D. L. Miller
Cpl. K. H. Parrish
Cpl. C. A. Reyes
Cpl. R. R. Stuckenschneider
Cpl. R. S. Whiten Jr.
Lance Cpl. T. M. Lefebvre
Lance Cpl. R. A. Reynolds
Pfc. J. J. Frechette

Marine Wing Support Squadron-272

Promotions

Warrant Officer F. J. Camilo
Master Sgt. V. J. Smith
Staff Sgt. H. W. Yoon
Sgt. O. Green
Sgt. N. C. Sales
Sgt. V. L. St. John
Cpl. R. D. Ashley
Cpl. J. M. DeLong
Cpl. J. L. Duffy
Cpl. W. J. Ellison
Cpl. T. B. Isom
Cpl. Y. S. Jefferson
Cpl. S. A. New
Cpl. F. Theodore
Cpl. O. H. Wagner IV
Lance Cpl. M. R. Carter
Lance Cpl. T. C. Drage
Lance Cpl. M. Z. Hain
Lance Cpl. G. M. Remker

Good Conduct

Master Sgt. M. S. Cline
Sgt. M. D. Coffey
Sgt. J. M. Piatt
Cpl. F. A. Lora
Cpl. J. J. Santana
Lance Cpl. C. E. Boone
Lance Cpl. D. Boone
Lance Cpl. T. J. Entress Jr.
Lance Cpl. O. D. Martinez
Lance Cpl. D. F. Owens
Lance Cpl. C. C. Reimer
Lance Cpl. F. Theodore

Marine Aviation Logistic Squadron-29

Promotions

Master Sgt. J. J. Petrongelli
Sgt. M. V. Donovan
Sgt. D. C. Lewis
Sgt. R. A. Meeks Jr.
Sgt. S. S. Orourke
Sgt. O. A. Pizarro
Sgt. M. J. Sawnick

Sgt. J. M. Tihonen
Sgt. W. C. Wade
Cpl. G. A. Almonte
Cpl. M. B. Hendon
Cpl. M. J. Hodge
Cpl. N. J. Huitron
Cpl. J. J. Lawson
Cpl. A. M. Montiel
Cpl. J. T. Moose
Cpl. J. J. Moran
Cpl. L. A. Rodriguez
Cpl. J. M. Seal
Cpl. G. D. Swain
Cpl. T. D. Sweeney
Cpl. N. S. Ulloaroux
Lance Cpl. B. J. Clevenger
Lance Cpl. J. M. Rush

Headquarters and Headquarters Squadron

Promotions

Sgt. R. C. Marshall
Sgt. R. M. Roop
Cpl. J. A. Bess
Cpl. C. L. Creighton
Cpl. J. A. Everitt
Cpl. J. A. Knuth
Cpl. J. M. Mauro
Cpl. A. B. Salis
Cpl. S. R. Sawyer
Lance Cpl. B. M. Bruce
Lance Cpl. A. P. Bush
Lance Cpl. A. W. Cole
Lance Cpl. T. T. Edwards
Lance Cpl. B. N. Haynes
Lance Cpl. M. W. Kenney
Lance Cpl. E. R. Kitandwe
Lance Cpl. R. T. Liburd
Lance Cpl. F. O. Preston
Lance Cpl. N. A. Suppes
Lance Cpl. A. G. Turner

IMDS from page 4

test gear out for the pre-flight and post-flight maintenance checks.”

IMDS is turned on by the pilot, who simply pushes a few buttons. It then sends reports to receivers who can monitor the parts and temperatures, and it can be performed before take-off, in flight or after landing, said Sharp.

“The whole program is extremely user friendly,” said Maj. Kevin J. Dobzyniak, who piloted helicopters with IMDS installed. “I had it mastered after two flights.”

“We received a lot of good comments and suggestions from the Marines,” said Sharp. “From their feedback, we were able to improve IMDS.”

Sharp continued by praising the hard work of HMT-302.

“The Marines were able to maintain their daily tasks while incorporating IMDS. In the beginning, they had to perform the maintenance checks manually as well as with IMDS. We worked hand-in-hand with the squadron, and there were a lot of lessons learned.”

Currently the system is being installed on one more HMT-302 helicopter, and according to Sharp, the Marine Corps is expecting to phase IMDS into the fleet in the future.

HML/A-167 Marines help museum raise money for construction

Pfc. Jonathan A. Tabb correspondent

Marine Light/Attack Helicopter Squadron-167 donated \$2,000 to the Marine Corps Museum of the Carolinas in a ceremony held in the squadron hangar Feb. 4.

Lieutenant Colonel Christopher M. Clayton, squadron commanding officer from Central City, Ky., presented the check to retired Sgt. Maj. Joseph L. Houle, MCMC assistant director of development and former Station sergeant major, after a brief presentation outlining different ideas for the appearance and the reasons behind the decision to build the museum.

During the presentation, Gail A. Walters, MCMC director of development and marketing, explained that the museum would not only include weapons displays and numerous technologically advanced visual aides, but also outline all the “firsts” in the Marine Corps.

With the donation, the “Warriors” also gave the museum a Marine Corps flag flown during the tenure of the squadron’s deployment in Iraq along with a squadron coin.

Money provided for the donation was collected from the squadron officers who make monthly donations to the “officer fund,” according to Capt. Shannon R. Beall, squadron assistant public affairs officer from Alvaton, Ga.

“The officer fund is used to help pay for squadron events, flight suit patches, plaques for guest speakers and other things of that nature,” he added.

“It’s absolutely awesome that the squadron has taken the time and shown the interest in the history of the Marine Corps to get together such a donation,” said Houle, a native of Little Falls, N.Y.

According to Walters, donations like this one are going to help them get the project up and running.

Walters said she feels this donation is a huge act of selflessness by the squadron.

“I was absolutely stunned when I found out that the people of HML/A-167 had gotten this money together of their own volition,” the Seattle native said. “We couldn’t be more thrilled.”

The museum coordinators are in the process of deciding on a location and raising enough money to get the museum’s construction underway.

For more information about the Marine Corps Museum of the Carolinas, visit the official Web site at www.mcmuseum.com or call 937-0033.

Rapping it up; Station corporal releases first album

Lance Cpl. Michael Angelo
correspondent

Turn up the bass and hone the audio levels because the debut album of K-Spell will soon be released. Believe it or not, this performer doesn't hide in a million-dollar home or make public appearances veiled by a bodyguard. In fact, this hip-hopper can be found at the Station dining facility flipping burgers.

K-Spell, also known as Cpl. Keith "Cookie" Sydnor, of Brooklyn, N.Y., enlisted in the Marine Corps more than two years ago, but has been rapping for nearly 14 years. He claims creating music has been a dream of his since he first heard Kriss-Kross.

After his graduation from Marine Corps Recruit Depot Parris Island, S.C., Sydnor proceeded to Marine Combat Training and to his military occupational specialty school. This, he says, is where his musical interest flourished.

"I met another Marine when I was at (MOS) school who shared the same passion for hip-hop that I do," said Sydnor. "We got together, and to this day, he still makes the beats to my rap songs."

Writing lyrics and keeping up with his duties as a Marine, he checked into New River and started

working as a Headquarters and Headquarters Squadron food service specialist.

The Station Dining Facility gave him great opportunities to rehearse his songs throughout the workday, and not too long into his tour, he met another Marine who shared his dream.

"I was making the burgers during lunch, and I heard two Marines talking about rapping," he said. "I started talking to them, and we agreed to meet later."

One of the Marines had a private record label and agreed to help produce Sydnor's first album, he said.

After years of effort, hours in the recording studio and help from a few fellow Marines, K-Spell is now releasing "The RIP Album."

Sydnor said his enlistment was a tremendous boost in achieving his goal.

"I've been able to meet so many people who are talented and hungry. Most people don't want to leave their comfort zone when starting a hip-hop career, but because I joined I've been able to help my career as a rapper," he said.

"The RIP Album" is due out in the Spring, and he says he hopes for a good fanfare because it wasn't made to make money, but to help achieve a dream.



Corporal Keith "Cookie" Sydnor, Headquarters and Headquarters Squadron food service specialist, who hails from Brooklyn, N.Y., practices his lyrics in his mirror Jan. 20. Sydnor has been writing his own hip-hop songs since he was 9 years old and will release his debut rap album titled "The RIP Album" in the Spring.



Lance Cpl. Michael Angelo

Stay fit with the Station Fitness Center

Cpl. Steven R. Sawyer
correspondent

With below freezing temperatures and negative degree wind chills, many personnel have taken their physical training sessions indoors.

One facility specifically designed to meet the needs of those working here, as well as their families and loved ones, is the Station Fitness Center.

Open to all servicemembers, Department of Defense employees, family members and contract personnel, the Fitness Center offers a variety of service and training opportunities to suit the needs of the group and the individual.

There are numerous activities available, according to the Marine Corps Community Services assistant athletic director, Mike Smith, including racquetball courts, basketball/volleyball courts, a machine-equipped workout room, as well as general sports equipment such as racquets, racquet balls, basketballs and volleyballs.

"We also offer units the ability to set aside any of the courts for unit PT sessions," said Smith, a native of Gahanna, Ohio. "All we require is that the unit call the center at 449-0294 at least 24 hours ahead to make reservations."

Reservations are available for larger events such as field meets and family days, but these requests need to be placed several days ahead and made through

Staff Sgt. Darian E. Hines, Marine Wing Support Squadron-272 administration chief from Peoria, Ill., curls a set of free weights at the Station Fitness Center on Jan. 30. The Fitness Center offers Marines a chance to train in comfort during cold weather.

Nancy Stankowski, the MCCA athletic director. She can be reached at 449-5609.

Male and female locker rooms, each equipped with lockers, showers and saunas, are also provided by the center.

"We have personal trainers available who specialize in weight-loss and remedial training programs as well," said Smith.

There is also a Marine Corps Martial Arts room available, though it has to be reserved by a certified instructor. These reservations are made through Phillip Brown, MCCA fitness director, at 449-5845.

"We don't actually offer training for MCMAP, but we can provide the space and equipment," said Brown, a Newark, N.J. native.

For any questions or reservations, please call the Fitness Center at 449-5845.



Cpl. Steven R. Sawyer

Crime inevitable; cooperate for mission success

MPs, CO speak out on Station crimes, preventive measures

Sgt. Andrew W. Miller
correspondent

Crime statistics here were recently published by the New River Military Police District, and they show most personnel and family members are law abiding.

However, some crime on a military installation is inevitable, no matter the size, according to the Station commanding officer Col. Stephen L. Forand.

“We can’t escape any type of crime in society,” explained Forand. “We are a small installation.”

No matter where people are, crime is something that no one is ever going to be able to avoid, however, for Marines here some of the more prevalent ones could turn out to be the most preventable ones.

One in particular is larceny. According to 1st Lt. Matthew A. Mitchell, New River Military Police District officer-in-charge and native of Shrewsbury, Mass., Marines think that all too often those they live with in the barracks are close to them and respect their gear.

However, this is not always the case.

“Larcenies would drastically decrease if Marines would secure not only their hatches, but also their secretaries, wall lockers and whatever else they can lock, even when they leave their rooms for the shortest of times,” he said. “Also, taking a serial number and an inventory of all their gear will give my MPs something to work with to help locate stolen gear. This also applies to those who have expensive stereos in vehicles.”

Another avoidable crime that has been addressed on Station is assault.

“More than 75% of assaults, both simple and aggravated, are caused by excessive alcohol consumption,” explained Mitchell. “Marines need to be more responsible while consuming alcohol. They should know their limits and not exceed them.”

Alcohol contributes to more than just assaults though.

According to Mitchell,

instances of driving while intoxicated picked up heavily toward the end of 2004 and continues to rise through 2005.

Oddly enough, more of these instances have occurred on week-nights.

“I’m not talking about .08’s and .09’s, I mean .18’s and .2 or more,” he said. “It has to stop. Every unit has ‘Arrive Alive’ programs.

I guarantee there is not a commanding officer in the Marine Corps that will bust a devil dog for making a decision not to drive and use the arrive alive funds.”

Driving on state suspended licenses is a crime that has tremendously decreased in numbers recently, according to Sgt. Kelly L. Anderson, MPD desk sergeant and native of Sioux City, Iowa.

“I think our MPs are buckling down, and the word is getting out,” she said. “Our job is hard, and we have to do what is right, which means we may not have many friends, but we are here for them. It is our job to protect and preserve order, so what is it saying for us if we allow this to happen?”

Not all crimes on Station result in citations or a night in jail. Some end with an individual dying.

Although there has only been one suicide recently, there have been approximately 15 attempts, and according to Forand, suicide doesn’t know rank, age or position.

“Intervention can prevent fellow Marines from making an attempt on their lives,” he said. “There is a significant amount of help available here to get people through these times so they can regain a healthy outlook on life.”

Whatever the case may be, a law for one is a law for all, and Mitchell said that goes for everyone.

“Non-military persons should be aware that Station laws apply to them as well,” he said. “In many cases, laws that civilians break aboard Station sends them to federal court because this is a federal institution. We enforce federal, state and Station laws here.”

Courts-martial: A hard look from the audience

Cpl. Steven R. Sawyer
correspondent

The entire room was silent, with only the occasional stirring of paperwork or the creaking of wooden chairs interrupting the silence.

Before me was a courtroom, complete with witness stand, 10 seats for the jury, a table for the prosecution and one for the defense, and a judge’s bench. Though I’ve never been in a courtroom before, I have watched enough Matlock and Perry Mason as a kid to know what it was.

This wasn’t a television series, however. It was a military court-martial. And unlike the heated, exciting and flashy court-martial you may have seen in the movies, this

one was more down-to-earth.

The trial was about to officially begin, and if it’s possible, the silence became even more palpable.

With a start, the judge advocate spoke, the dialogue a little foreign to me since I’m not a lawyer nor familiar with the jargon, and I was suddenly introduced to a whole new world.

Back and forth went the exchange, as first the prosecutor stated his case and declared that he is not in any way inhibited from performing his duties, and then the defense followed up with the same.

Then the judge advocate spoke, asking both sides in turn if they understand who he is and if they have any issues dealing with his governing this trial. One issue is raised, but solved, and the trial

officially began.

As the trial continued, the charges and specifications were read, changes and disagreements settled, and then the accused was allowed to state his plea to each charge. Both he and his counsel stood, the attorney confidently, the private a little hesitantly, and the pleas were made.

Each charge was stated and the plea for it heard. I could hear the slight tenseness in the voice, that little bit of quiver. I’m not sure if the Marine was a private before he got into trouble or if he was already reduced by his squadron, but he looked young and new, like he was just out of school. How he got into trouble so quickly, if he was a boot, was anybody’s guess.

Honestly, though, I can’t

imagine any Marine, from an officer to any other private, handling this situation any better. This young Marine could be facing any number of things. His innocence or guilt aside, the whole process was a stressful one.

Higher offenses require a thorough investigation by the Criminal Investigation Division, while all matters brought to the Joint Law Center first go through each squadron’s chain of command.

Sitting in the stands, I remember feeling very acutely that this was one experience I would rather not have. I understand everyone messes up at times, but mistakes can be costly. From counseling statements to non-judiciary punishment, all the way to a general court-martial, mistakes and crimes can cost you dearly.

I left in the middle of the trial, knowing that whatever this Marine faced for the next hour or so would be only a portion of what he’s seen in the past few weeks. If the Marine Corps doesn’t discharge him, I wish him the best of luck getting back on his feet.

Everyone makes mistakes, and in the end, everyone pays for them. The honest ones though, the hard-working types who keep trying to do better even after they’ve screwed up, know they’ve done wrong and try to rectify it. This is just one step in this Marine’s career, and if he learns from his mistakes, it may just make him a better Marine because of it.

I think I’ll just try and keep my nose clean, though, and learn from the mistakes of others.

Give to Station Navy-Marine Corps Relief Society

Lend a fellow Marine or Sailor a hand by donating to the Navy-Marine Corps Relief Society Fund Drive beginning March 1.

Each year, the funds raised aid Marines, Sailors and their families.

NMCRS assists those in need with interest free loans, car loans, pay advances and scholarships.

Last year, the Station raised \$32,204.07, but the New River NMCRS loaned \$171,361 to Marines and Sailors.

For more information about NMCRS, visit their official Web site at www.nmcrs.org.



“All Quiet on the Western Front” is a 295-page book by Erich Maria Remarque.

Book Review: “All Quiet on the Western Front”

Sgt. Andrew W. Miller
correspondent

“All Quiet on the Western Front” is a book written by Erich Maria Remarque about a young man, Paul Baumer, 19 years old, who fights in the German army on the French front in World War I.

After experiencing ten weeks of brutal training, Baumer and his friends realize that the ideals for which they enlisted are simply empty clichés. They no longer believe that war is honorable, and they live in constant fear.

One night, the men go on a mission to lay barbed wire at the front. As they are pounded by artillery, they find refuge in a graveyard, where the force of the shelling causes the buried corpses to emerge from their graves while groups of living men fall dead around them. After this, the surviving soldiers return to their camp and think about what they will do after the war. Some of the men have tentative plans, but all of them seem to feel that the war will never end.

Later, Baumer becomes separated

from his company during one of the fights, and he takes shelter in a shell crater. When a French soldier jumps in with him, Baumer instinctly stabs him. Baumer begins telling himself that the Frenchman is not actually an enemy but merely a victim of war just like himself.

On a day in October 1918, in which the author says there is very little fighting, Baumer is killed. The army report for that day simply read, "All Quiet on the Western Front." The expression on his face as he dies indicates that he was relieved the end

had finally come.

It is ironic and touching that Baumer and his friends survived almost three years of trench warfare only to die just months prior to the end of the war.

This book is very detailed and descriptive with all of the emotions of the young men fighting on the frontlines. I recommend reading this book for anyone who has tried to imagine what goes through the minds of soldiers on the frontline, both the Americans and those we would consider enemies.

Navy-Marine Corps Relief Society Dates

Feb. 5, 1820 -- Commodore Isaac Hull held a meeting to discuss forming an organization to support Navy widows and orphans.

Jan. 6, 1904 -- Anna Roosevelt Cowles holds meeting to form the Navy Relief Society.

Jan. 23, 1904 -- Incorporation Day.

March 2, 1904 -- First case presented to Relief Committee.

Jan. 18, 1905 -- First annual meeting.

May 4-6, 1947 -- These dates were chosen to conduct the Active Duty Fund Drive to commemorate the battles of Coral Sea and Midway, the first decisive defeat of the Japanese Navy in WWII.

Nov. 23, 1948 -- Volunteer head count is 657: 114 interns, 127 office supporters, 39 fund raisers, 207 thrift shop volunteers, 114 seamstresses and 56 others filling various volunteer jobs.

July 20, 1963 -- Norma Bellinger, Society field representative, graduated from the Miramar Auxiliary's first Society Volunteer Training Course.

April 6, 1964 -- MCAS New River NMCRS celebrates its 40th birthday.

Jan. 23, 2004 -- NMCRS celebrates its 100th birthday.

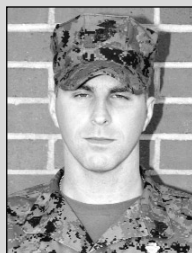
"The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members and survivors when in need; and to receive and manage funds to administer these programs." -- The official Navy-Marine Corps Relief Society Web site.

RotoView

Is the \$80 billion President Bush asked for to finance the War on Terrorism too much?

"I know that we need it, and I know it shouldn't be any less than that because our guys could use the gear."

Sgt. Brad A. Dean
student,
Staff Academy,
Hubert, N.C.



"If that's what it takes, then that's what we need to do."

1st Lt. Andrew M. Durning
CH-46E Sea Knight pilot,
Marine Medium Helicopter Squadron-264,
Woodstock, Ky.



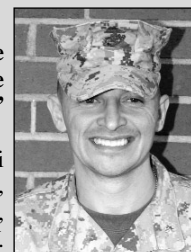
"That is probably about how much money it will take. We need the armor, and we need the help over there."

Petty Officer 3rd Class Brad A. Cease
corpsman,
Marine Aviation Logistics Squadron-29,
Lansing, Mich.



"Whatever it costs to make things right over there we should be willing to give. I think it is a noble mission and worth our efforts."

Lt. Col. Carmine J. Borrelli
commanding officer,
Marine Aviation Logistics Squadron-26,
Yonkers, N.Y.





Courtesy photo

The small plane pictured here resembles some of those that depart out of the local Albert J. Ellis airport on a regular basis. For the safety and security of the traveling public, patrons of not only this airport, but all of those in Eastern North Carolina, must understand what items are acceptable and prohibited when traveling by air.

TSA lays down law on prohibited items, cavalier remarks in airports

Sgt. Andrew W. Miller
correspondent

Since Sept. 11, 2001 and new regulations in our nation’s airports, there have been many of incidents involving Marines who disregard the new laws, according to Jerry M. Vickers, Albert J. Ellis Airport director.

Marines need to be educated to reduce the number of instances in airports centering on three main areas: Making inappropriate statements about terrorists and explosives, refusal to submit to screenings, and attempting to pass through screening with prohibited items, said retired colonel David Bedworth, regional director for airport security and screening for Eastern North Carolina airports.

These problem areas are not rank specific, he said. Both officer and enlisted Marines have been guilty.

Airport personnel take screenings seriously, and all Marines should become familiar with the rules before trying to slip through the “Magnetometer” walk-through metal detectors or sending their bags through the X-ray machines and getting into serious legal trouble.

“The screeners take cavalier remarks seriously, however, remarks of this kind haven’t been a big issue here, yet,” said Vickers.

He explained that the problems he runs into at his local airport are confiscations.

“The metal scissors Marines get in boot camp are, by far, the most confiscated items here,” he said. “We also deal with pocket knives of any sizes, lighters, souvenir paraphernalia such as grenade pins and key-chain

rounds, brasso and even edge dressing by the gallon.”

A hazardous materials representative picks up the confiscated items periodically and disposes of them appropriately.

However, Vickers went on to say that most items that are confiscated are taken because people tried to get them through the carry-on screenings. During the “checked-bag” screenings, most of the items, within reason, can be safely stored on the airplane by airport personnel.

“The objective here is to ensure the safety and security of the traveling public,” said Vickers. “We want people to understand our focus is not to harass, embarrass or hassle, but instead to be customer- friendly. The screeners are only doing their jobs.”

According to the Transportation Security Administration Web site, prohibited items are weapons, explosives, incendiaries and include items that are seemingly harmless but may be used as weapons – the so-called “dual use” items such as fingernail clippers.

The site includes a lengthy descriptive list of forbidden items and also states penalties and fines for all of the items.

Fines for interference with screening (which can include inappropriate statements about terrorism) are as follows: physical contact with a screener- \$1,500 to \$5,000 fine; non-physical contact- \$500 to \$1,500 fine; false threats- \$1,000 to \$2,000 fine; and entering without submitting to screening- \$1,000 to \$3,000.

For those who need prohibited items at their final destination, mailing information can be found at <http://www.usps.com>.



Courtesy photo

An unidentified man is searched by a security officer while being processed for boarding. Screenings have been in full force since Sept. 11, 2001.

Acceptable, prohibited items according to TSA

The following are allowed as carryon items by the Transportation Security Administration:

Cigar cutters, corkscrews, cuticle scissors, eyeglass repair kits, eyelash curlers, knitting and crochet needles, round bladed or plastic knives, two disposable lighters, nail clippers, nail files, toiletries in limited quantities, safety razors, plastic scissors with blunt tips, toy transformer robots, toy weapons, tweezers, umbrellas, walking canes, Braille note-taker, augmentation devices, diabetes-related supplies, nitroglycerine pills or spray, prosthetic devices, camcorders, camera equipment, laptop computers, mobile phones, pagers, personal data assistants

The following are allowed only as checked items by the TSA:

Scissors with metal tips, box cutters, ice picks, knives any length, meat cleavers, razor-type blades, sabers, swords, baseball bats, bows and arrows, cricket bats, golf clubs, hockey sticks, lacrosse sticks, pool cues, ski poles, spear guns, ammunition, bb guns, compressed air guns, fire arms, parts of guns and firearms, pellet guns, gun replicas, starter pistols, axes, cattle prods, crow bars, hammers, drills, saws, screw drivers, wrenches, pliers, billy clubs, black jacks, brass knuckles, kubatons, mace/pepper spray, night sticks, nunchakus, stun guns, throwing stars

The following are not permitted at all by the TSA:

Flare guns, gun lighters, gun powder, blasting caps, dynamite, fireworks, flares, hand grenades, plastic explosives, replicas of explosives, aerosol, fuels, gasoline, gas torches, lighter fluid, strike-anywhere matches, turpentine/paint thinner, replicas of incendiaries, chlorine, compressed gas cylinders, liquid bleach, spillable batteries (except those in wheel chairs), spray paint, tear gas

Editor's note: Information for this article was gathered from the Transportation Security Administration Website, www.tsa.gov. Courtesy photos were provided from various Web sites.



(above) Ammunition of any kind is allowed only in checked baggage. (far left) Knives, multi-tools and scissors with metal tips are allowed in checked baggage only. (second from left) Torch lighters are not permitted at all. (center) Meals Ready to Eat must be checked if they contain matches or heaters. (second from right) Explosives of any kind are not permitted. (far right) Firearms must be in properly checked baggage.

2005 Active Duty Fund Drive In support of the Navy/Marine Corps Relief Society



**"We protect them while you're
protecting us!"**

For more information on the Navy/Marine Corps Relief Society you may visit our Web site at www.nmcra.org or call the New River Office at 449-6431 or the Camp Lejeune Office at 451-5346, ext. 244.



YOUTH SPORTS REGISTRATIONS

31 January - 18 February * Monday - Friday, 0900 - 1630

Registration Deadline: February 18th @ 1630

\$20 per Person



Baseball/Softball

Tee Ball	5 & 6 year olds	<u>Slow Pitch</u>	
Coach Pitch	7 & 8 year olds	Pee Wee	7, 8 & 9 year olds
Mustang	9 & 10 year olds	Midget	10, 11 & 12 year olds
Bronco	11 & 12 year olds	<u>Fast Pitch</u>	13, 14 & 15 year olds
HS Federation	13 & 15 year olds		

Youth Baseball, Softball & T-ball are at Camp Lejeune & Air Station.

TRACK Co-ed 5-9 Midget Co-ed
10-15 Major Co-ed

GOLF Co-ed Golf
Maximum Participation: 30 10 - 15 year olds

**MCAS New River
Youth Sports Office
Station Gym
(Bldg. AS-202)**

**Camp Lejeune
Youth Sports Office
(Stone Street)**

Open to families of Active Duty
& Retired Military Members
and MCCS Employees.



Children must be age appropriate
as of May 31, 2005. Proof of age
is required upon registration.

For more details call
MCAS New River @ 449-6714
Camp Lejeune Youth Sports
@ 451-2177/2159

Close, but not close enough for championships

Brian Berger
contributor

Defense was the name of the game as the Station contained Marine Corps Combat Support Services School's ground attack, and MCCSSS defensive line and linebackers plugged the gaps and put the pressure on New River quarterback Darek Nichols.

MCCSSS backfield duo of Shannon Holman and Maurice Cork struggled to get on track, and quarterback Cory Dunlap watched several passes slip through the hands of his receivers.

Nose tackle Tony Hoover anchored a defensive line that swarmed to the ball and made life difficult for New River's running backs, but midway through the second quarter, Nichols broke out for a hard-earned 22-yard gain. Moments later, after a first down run by tailback Darek Clark, and an 11-yard run by Nichols to the 12-yard line, Nichols ran in untouched on a play-action bootleg for a 6-0 lead.

MCCSSS continued to struggle with dropped passes and New River's stifling run defense, but with two minutes remaining in the first half, New River fumbled and MCCSSS recovered the ball at the New River 44-yard line.

With under a minute left, Holman hit Jahid Bayyan on a halfback pass at the New River 10-yard line, and with the clock ticking, Dunlap hit Holman who ran into the end zone untouched to tie the game. Dunlap's bootleg in the two-point conversion was successful, giving MCCSSS an 8-6 halftime lead.

In the second half, the MCCSSS defense's relentless pass rushing wreaked havoc on New River's offense, forcing a fumble. Station quarter back Jose Moreno was then sacked. MCCSSS followed this lapse with an interception on the fourth down.

New River's defense answered, stopping MCCSSS and forcing a punt from deep in their own territory and setting up the New River offense at the MCCSSS 36-yard line. However, mistakes and continuous pressure from the MCCSSS defense cost them the opportunity to score.

Playing one of his best games of the season,

MCCSSS' Dunlap got some much needed help from his receivers on the next drive, when Jerome Sharpe hauled in a 55-yard touchdown pass, breaking a tackle at the New River 30-yard line and sprinting to the end zone.

"Cory was patient and threw some nice passes," Sharpe said. "And our defense kept us in the game when the offense wasn't playing to its potential."

New River answered with a 30-yard touchdown of their own, when Moreno lofted a pass over the MCCSSS secondary and into the hands of New River's Joshua Cook.

MCCSSS defense proceeded to stuff the run on the two-point conversion, forcing a fumble and protecting the two point lead that would prove decisive.

New River defense continued to contain Holman and Cork, and a pass from Dunlap bounced off the hands of a receiver, was tipped by New River, and intercepted by Stations' Anthony Simms, who returned it to the New River 41-yard line.

New River continued to be plagued by penalties and a blitzing defensive line, and was forced to punt.

And again, New River's defense held the line, forcing a punt from MCCSSS and returning the favor.

New River had the ball at their 45-yard line with less than five minutes left in the game, but a sack by Hoover cost them 10 yards. Moreno was then pulled from the game by New River coach Luis Matos.

A few plays later, Moreno was back in the game facing a third-and-eighteen at his own 32-yard line with under three minutes remaining. A high snap sailed over Moreno's head and though New River recovered, they faced a fourth-and-thirty deep in their own territory and had to punt.

New River defense got the ball back with 20 seconds remaining at the MCCSSS 35-yard line. With one shot left to win the game, New River set up a game winning pass play, but Leslie Hoffman and Hoover ran down the quarterback in the backfield to end the game and preserve a hard-fought two point victory.



(Above) New River fullback Steve Navar weaves through a mass of Marine Corps Combat Support Services School's players during a ground drive in the second quarter in the playoff game at the Station field Jan. 31. MCCSSS beat the Station, 14-12, negating New River's 'undefeated' title and it's chance to compete in the championships. (Below) A herd of MCCSSS players attempt to stop the New River running back from scoring.



Cpl. Steven R. Sawyer

John Gunn's military sports highlights

Major Antonelli named a U.S. World Greco-Roman coach

United States of America Wrestling has made its choice for the World Team Coaches in Greco-Roman who will participate in the World Championships in Budapest, Hungary, from Sept. 27 to Oct. 2.

Selected to join USA Wrestling National Greco-Roman Coach Steve Fraser of Colorado Springs, Colo., as World Team coaches in Greco-Roman wrestling are Maj. Jay Antonelli of Dumfries, Va., Rich Estrella of Colorado Springs, Colo., and Dale Oliver of Stanley, N.Y.

These selections, as well as coaching assignments in Greco-Roman for the year, were by the Greco-Roman Coach Selection Committee and approved by the USA Wrestling's Executive Committee.

Antonelli served as assistant coach of the 2003 U.S. Greco-Roman World Team that competed in Cretiel, France.

He was a member of the 2000 and 2004 U.S. Olympic Team coaching staffs. Antonelli has also been a member of three U.S. World Team coaching staffs. Antonelli was the head coach for four World Military Championship teams. He was named USA Wrestling Greco-Roman Coach of the Year in 1998.

He was the head coach of the 2002 U.S. World Cup team.

Antonelli has coached a number of other U.S. teams on international tours. He has been active in coaching youth Greco-Roman teams in the past, including working with the New Jersey Junior National team.

Antonelli served as head coach of the Marine Corps team through the end of the 2004 season.

Numerous members of the U.S. Marines team have made U.S. World Team, or qualified for Greco-Roman Team USA during Antonelli's tenure.

The Marine Corps was the overall champion at the 2001 Armed Forces Championships and claimed the Greco-Roman team title in 1998. Antonelli has coached dozens of individual Armed Forces champions in both styles.

Currently, Antonelli is deployed to Baghdad, Iraq, where he serves as the media chief for Multinational Forces in Iraq, working daily to coordinate press coverage. He will return this winter to the United States when his assignment in Iraq is

completed. While in Iraq, Antonelli has provided wrestling clinics to top Iraqi wrestling hopefuls.

As an athlete, Antonelli was a nationally ranked Greco-Roman wrestler for the Marines team. He placed eighth in the 1995 U.S. Nationals and fifth in 1994 World Team Trials. He competed in college for the Naval Academy and received a master's degree in exercise and health fitness promotion from George Mason. He competed for the Pingry School in New Jersey in high school.

"I am honored and extremely privileged to have this opportunity to lead our nation's best Greco wrestlers and to represent the United States at this year's World Championships," said Antonelli.

"We have many strong, young and highly talented wrestlers who, on any given day, have the ability to beat anyone in the world."

"There has been a strong precedent of success set by previous World and Olympic teams, and the coaching staff has high expectations for this year's World Championships. We have set the team's goals at winning the title, winning a minimum of four medals and placing all of our wrestlers in the top 10," said Antonelli.

Gunn is a member of the Marine Corps Combat Correspondent Assn., Marine Corps Intelligence Assn., Marine Corps Aviation Assn., Marine Corps Heritage Foundation and Naval Aviation Museum.

Give something back

March 1 begins the Navy and Marine Corps Relief Society Fund Drive. Call Sandi Isherwood at 449-6431 for more information.

Buckle your seatbelt; it could save your life!

A tug-of-war for attention



Lt. Charles D. McCormick
MAG-29 Chaplain

As a Christian chaplain, and coming out of the Wesleyan tradition, the book of Romans in the Greek scriptures of the Christian New Testament speaks volumes to me. It says, “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is -- his good, pleasing and perfect will.” - Romans 12:2

In the first eleven chapters of Romans, the apostle Paul writes about Christian doctrine and theology.

The twelfth chapter, however, addresses practical Christian living. Verse two instructs us to transform by “renewing” our minds and to “not conform to the pattern of this world.”

I am amazed once again at the appropriateness of biblical writings that are thousands of years old. Paul’s exhortation to “not conform” is timeless.

As I look back at the events of my weekly schedule, I must admit that many times I have conformed to the pattern of this world we live in.

The pattern resembles a relentless competition -- a “tug-of-war” -- for our attention that keeps us busy.

Though I may not hear an audible call from my television set or my computer, I feel their constant beckoning to “turn on and tune in” as if they have something for me, and I may be missing out.

Repeated calls and e-mails come in from people I do not know offering a better mortgage rate or cheaper, long distance service.

The world tells us how we should look, what we should drive and how to measure success while constantly raising the bar.

Unfortunately, conforming to the pattern of the world is the easy choice. As humans, we needn’t try

to conform; just relax, and the world will do it for us.

The apostle Paul knew that transformation was a tougher option. To transform by renewing our minds, we must go against the grain and separate ourselves from the busy world to allow time with God through prayer, scriptural study and reflection.

Our reward is to learn of His will in our lives.

There is an old saying, “Idle hands are the devils workshop.” I believe the high-tech information age we live in may warrant the following amendment to that old saying. “A life too busy is the devils goal.”

It seems that sometimes we must just stop and try to listen to God. There is a great saying, “If you can’t hear God, stop talking.”

Remember to set aside moments to be still and linger with God. Take time out from the chaotic surroundings and seek the holy renewal that sets us apart from the world we live in. This will enable us that time alone with God.

Take time to take a deep breath. Breathe in and breathe out. Breathe in God’s goodness and breathe out all the bad in our lives.

Take time just to relax. Lt. Cmdr. Beverly A. Dexter from Marine Corps Base Camp Pendleton, Calif., spoke of a Marine in combat, who, while bullets were flying and not able to relax, remembered this technique. Remember to take a deep breath in and breathe out slowly. This enabled him to concentrate on where he was and what he had to do.

Allow us all to take some time to be alone with God to especially clear out our minds, attune ourselves with our God and take our minds off the world that is always beating at our doorsteps.

Here is a short prayer for us all:

Living God, we pray that in our haste you will deliver us from ourselves and the conforming powers of the world in which we live. Guide us Lord into your transforming presence, and challenge us to live renewed lives according to your perfect and pleasing will. Amen.

Using services to your advantage: Marine Family Services Center

Cpl. Steven R. Sawyer
correspondent

My morning routine changed. My bills changed. My service record book had to be changed, and I had to update my common-access card. In short, my whole life changed.

What did I do that changed my life so drastically? I got married, that’s what.

Dealing with all of these changes hasn’t been easy. There are times when I’m so wrapped up I’ve missed stories, been late for work and even spent entire nights without sleep.

So I took the advice of my non-commissioned officer and decided to visit the Marine Corps Family Services Center here to speak with one of their counselors.

With one phone call, I set up an appointment. I told my chain of command and made sure it was clear that I would be out of the shop on that day.

I was going to visit a counselor for a number of reasons, none of which included an unhappy marriage.

What I needed was guidance, and since the FSC has trained professionals to handle

issues such as this, I figured they were probably my best bet.

If there’s one thing I know to be true, it’s that life isn’t always easy, and nobody knows it all. Being active duty Marines isn’t easy. My wife and I understand this, but with things such as an upcoming deployment, I have to admit, I’m at a lost.

There are so many questions and insecurities in life, careers and marriage that I think even the stoutest person can become overwhelmed. Since it is important that I can perform my job to the best of my ability, I can’t afford to be deterred.

So I reached out for a helping hand, and since the Marine Corps provides it free-of-charge, it could end up being a great investments.

All I know is the counseling services offered on Station aren’t just for those in trouble. Not to say they couldn’t be used just for those purposes, but there are so many other ways the FSC can help you.

Take it or leave it, as you will. Just know they’re there, know they want to help and don’t be afraid to ask for it if you need it.

Marine Family Service Center

AA Meetings

Each Monday
11:50 a.m. to 12:50 p.m.
MFSC now has Alcoholics Anonymous meetings every Monday. These meetings are open to alcoholics and non-alcoholics.

Retired Affairs

Each Wednesday and Friday
8 a.m. to 12 p.m.
The retired affairs representative can provide retired service members and their spouses with information regarding benefits, entitlements, privileges and legal assistance. No appointments are necessary.

Keystone Meetings for Teens

Each 1st and 3rd Friday
6 to 7 p.m.
This is a Boys and Girls Club Program that offers an opportunity

to gain leadership skills, participate in and earn community service hours as well as social activities. Come voice suggestions and plan events. On the third Friday of each month, a teen-prevention topic is presented.

Play Morning

Each Thursday
9:30 to 11 a.m.
Youth Community Center
Play morning is a time for mom and dad to have fun with their children ages six and under. Come play with them! For more information, please call the New Parent Support Program at 451-5286.

Power Hour

Every Afternoon
This is an education program implemented by the Boys and Girls Clubs of America to help stu-

dents excel in school. Power Hour means that everyday after school, members will have a special place that is quiet and private to do their homework. Someone will be on hand to help members who have questions or need help understanding their homework. Tutoring will also be available and can be scheduled on a weekly or daily basis.

Welcome Aboard Brief

March 1
8 to 11:30 a.m.
Anyone new to the Jacksonville area can attend the Welcome Aboard Brief at the Enlisted Club.
They will hear presentations from a variety of agencies, including Family Services, MCAS Branch Medical, Jacksonville Police Department, the Unite Service Organizations and more. Following the briefs and

information fair, they can stay for a free lunch and a bus tour of the area.

Raising Children in a Non-Violent Home Part I

April 5
1:30 to 3:30 p.m.
Learn conflict resolution and how the media is affecting your children through role-playing exercises and practical techniques.

Raising Children in a Non-Violent Home Part II

April 12
1:30 to 3:30 p.m.
Same as above.

For more information about the programs or to pre-register for one of the classes, please call 449-6110/6185 or visit the Web site at www.lejeune.usmc.mil/mcasnr/fsc/fschome.htm

Station Chapel Services

Sunday Worship

9 a.m. Catholic
11 a.m. Protestant

Ash Wednesday

The Ash Wednesday services are today at 11:45 a.m. and 7 p.m.
Please call the Station Chapel at 449-6801 for more information.



Station Theater Movies
Schedule Unavailable

LC10 LCTV-10 Schedules LC10

Feb. 11 - Feb. 17

Show Title	Show Times
Inside R/C "Steel Conflict 2"	7:30 a.m., 3:30 p.m., 11:30 p.m.
The Morning Report	8 a.m., 12 p.m., 4 p.m., 8 p.m., 12 a.m., 4 a.m.
Air Force News	8:30 a.m., 4:30 p.m., 12:30 a.m.
Your Corps	9 a.m., 5 p.m., 1 a.m.
Army News	9:30 a.m., 5:30 p.m., 1:30 a.m.
Lest They Be Forgotten	10 a.m., 6 p.m., 2 a.m.
Circle of Honor: "Rick Clunn"	11 a.m., 9 p.m., 3 a.m.
Night Cliff Assaults	11:30 p.m., 7:30 p.m., 3:30 a.m.
The Pacific Report	12:30 p.m., 8:30 p.m., 4:30 a.m.
Navy/Marine Corps News	1 p.m., 9 p.m., 5 a.m.
In Our Backyard: Urbanization and the National Forests	1:30 p.m., 9:30 p.m., 5:30 a.m.
Pentagon Ch. On Assignment	2 p.m., 10 p.m., 6 a.m.
Pentagon Ch. Studio 5	2:30 p.m., 10:30p.m., 6:30 a.m.
Campbell University	3 p.m., 11 p.m., 7 a.m.



SAFETY OFFICE SNIPPETS

Phising

On July 21, 2003, the FBI and Federal Trade Commission first reported the existence of a new form of identity theft known as "phishing". That threat continues today, and adopts creative new forms to trick unsuspecting internet users.

Unsolicited e-mails or pop-up messages may bear seemingly official information or logos of Internet Service Providers (ISPs), banks, online payment services, or government agencies. Typically you will be instructed to "update" or "validate" account information; you may be warned that severe consequences will result if you do not do so. These e-mails or messages may provide hyperlinks to websites that appear to be valid, but that are in fact "Trojan horse" websites run by the scammer. These false sites may request personal information such billing information or other sensitive data.

Editors note: The above information was released by Headquarters Marine Corps.